

Prayer Guide

March 05, 2024

Today, as the Underground, we come together in prayer and fasting, collectively joining our hearts in a “laser-focused” way.

FOCUS: **SIMPLICITY, A WAY OF JESUS**

Read Ecclesiastes 7:29 GNT

This is all that I have learned: God made us plain and simple, but we have made ourselves very complicated.

Reflect

Our culture encourages us to clamor for more. More status, new gadgets, overflowing schedules. Culture says “more” will bring gladness, fulfillment, success, but more than anything, it muddles and numbs our inner being, the soul.

The world’s more is an impure substitute for the pure message of Jesus’ love. But how do we slow the cycle of more in our hearts?

Stephen Smith writes in “Embracing Soul Care”:

“Practicing simplicity means protecting the heart. We guard our heart ‘for it is the wellspring of life’ (Proverbs 4:23). May we guard against things that thwart and distract us from what matters most.”

While simplicity sounds like a quaint notion, it is actually a necessary practice—a gift. Simplicity seeks balance amidst our complicated world and honors our human limitations. It’s through simplicity we experience deeper freedom, healing, and delight.

Through Jesus’ life, he shows us the beauty of simplicity: sharing a meal, actively listening, solitude, and presentness. He did not hold the expectations of the culture and voices around him—his quiet inner world allowed him to be attuned to his Father’s voice.

How do we declutter our souls, our homes, and our lives to reorient around what matters? To make more space for relationships, inner growth, time with God, serving others, and Holy Spirit moments?

Can we carve out more room for the soul to flourish?

Respond

- When you envision a simpler life, what is it like?
- How can you begin looking for ways to practice simplicity?
- How would simplicity impact your ability to BLESS your network of relationships?
- If practiced by the whole KC Underground network, how could simplicity lead to beauty, justice, and Good News of Jesus in Kansas City?

Pray Proverbs 4:25-27 TPT

Set your gaze on the path before you. With fixed purpose, looking straight ahead, ignore life’s distractions. Watch where you’re going! Stick to the path of truth, and the road will be safe and smooth before you. Don’t allow yourself to be sidetracked for even a moment or take the detour that leads to darkness.

